Table S4. Participant characteristics at the 2011–2014 baseline survey according to levels of alcohol consumption by sex

	Alcohol consumption (g ethanol/week)													
	Men							Women						
	0 (Abstainer)	0 (Past drinker)	>0, <150	≥150, <300	≥300, <450	≥450	p for trend	0 (Abstainer)	0 (Past drinker)	>0, <150	≥150, <300	≥300, <450	≥450	p for trend
Number of participants	347	111	867	686	553	440		1852	72	1476	155	68	26	
Age (y)	63 (59–68)	64 (61–69)	64 (59–68)	65 (61–69)	64 (60–67)	63 (59–66)	0.3425	64 (60–68)	62 (57–67)	62 (57–66)	61 (55–64)	60 (53–64)	60 (55–63)	<0.0001
BMI (kg/m^2)	23.1 (21.2–25.1)	23.0 (21.1–24.8)	22.9 (21.2–24.8)	22.9 (21.3–24.5)	22.9 (21.1–24.4)	23 (21.3–24.7)	0.1852	22.1 (20.2–24.1)	22.5 (20.3–23.8)	21.9 (20.3–23.8)	21.7 (20.3–23.4)	22.7 (20.7–24.2)	21 (20.4–22.9)	0.1602
Total PA (MET-h/d)	41.8 (34.9–53.8)	42.9 (35.5–55.5)	40.8 (34.8–50.2)	41.3 (35.1–51.4)	43.2 (36.2–53.0)	43 (35.7–55.2)	0.0108	39.2 (35.2–46.8)	39.3 (34.4–45.1)	39.0 (35.0–46.0)	38.1 (34.3–45.8)	40.0 (35.2–48.2)	37 (32.6–42.4)	0.1823
Energy (kcal/d)	1,831 (1,465–2,335)	1,855 (1,460–2,361)	2,051 (1,671–2,478)	2,115 (1,728–2,560)	2,289 (1,960–2,765)	2,517 (2,124–2,987)	<0.0001	1,823 (1,454–2,315)	1,815 (1,412–2,266)	1,870 (1,531–2,317)	1,899 (1,530–2,423)	2,105 (1,840–2,488)	2,215 (1,831–2,590)	0.0002
Married	253 (72.9)	87 (78.4)	702 (81.0)	598 (87.2)	486 (87.9)	363 (82.5)	<0.0001	1,523 (82.2)	50 (69.4)	1,241 (84.1)	121 (78.1)	53 (77.9)	20 (76.9)	0.8589
University graduate	45 (13.0)	10 (9.0)	96 (11.1)	57 (8.3)	38 (6.9)	27 (6.1)	<0.0001	28 (1.5)	3 (4.2)	53 (3.6)	4 (2.6)	3 (4.4)	2 (7.7)	0.0002
Manual job	88 (25.4)	38 (34.2)	295 (34.0)	244 (35.6)	197 (35.6)	146 (33.2)	0.0496	241 (13.0)	6 (8.3)	195 (13.2)	20 (12.9)	10 (14.7)	1 (3.8)	0.9863
Current smoker	94 (27.1)	26 (23.4)	170 (19.6)	148 (21.6)	154 (27.8)	152 (34.5)	<0.0001	58 (3.1)	4 (5.6)	59 (4.0)	25 (16.1)	13 (19.1)	5 (19.2)	<0.0001
Extreme sleep duration	26 (7.5)	18 (16.2)	87 (1(0.0))	59 (8.6)	47 (8.5)	62 (14.1)	0.1617	161 (8.7)	9 (12.5)	113 (7.7)	14 (9.0)	4 (5.9)	4 (15.4)	0.4463
History of heart disease	25 (7.2)	15 (13.5)	56 (6.5)	41 (6.0)	36 (6.5)	14 (3.2)	0.0071	39 (2.1)	7 (9.7)	38 (2.6)	2 (1.3)	0 (0.0)	0 (0.0)	0.9507
History of stroke	8 (2.3)	14 (12.6)	23 (2.7)	23 (3.4)	9 (1.6)	6 (1.4)	0.0074	22 (1.2)	6 (8.3)	17 (1.2)	0 (0.0)	0 (0.0)	1 (3.8)	0.6398
History of diabetes	23 (6.6)	13 (11.7)	74 (8.5)	61 (8.9)	45 (8.1)	44 (10.0)	0.3633	88 (4.8)	3 (4.2)	48 (3.3)	3 (1.9)	0 (0.0)	1 (3.8)	0.0048

PA: physical activity, MET: metabolic equivalent

Values are presented as medians with interquartile ranges or numbers with percentages.

p for trend was calculated using ordinary logistic regression analysis.