

Supplementary Table S1. Association between eating out habits and social relationships

	Overall (n = 597)	Eating out (n = 455)	Non-eating out (n = 142)	p value
Going out less frequently compared with the previous year				0.66
Yes	91 (15.2%)	71 (15.6%)	20 (14.1%)	
No	506 (84.8%)	384 (84.4%)	122 (85.9%)	
Visiting friends sometimes*				< 0.01
Yes	484 (81.2%)	382 (84.0%)	102 (72.3%)	
No	112 (18.8%)	73 (16.0%)	39 (27.7%)	
Talking with someone every day				< 0.01
Yes	539 (90.3%)	427 (93.8%)	112 (78.9%)	
No	58 (9.7%)	28 (6.2%)	30 (21.1%)	

note * 1 data were missing

The variables are presented as number (%) and analyzed using chi square test.