

Table S1. Handgrip strength values according to sarcopenic variables

Variable	Grip strength dominant hand	Grip strength non-dominant hand
Muscle mass (calf circumference)		
Normal muscle mass	30.18±11.17	16.23±12.21
Reduced muscle mass	29.40±11.86	15.22±11.82
Physical performance (SPPB)		
Unaltered physical performance	32.37±11.05	17.32±12.59
Altered physical performance	27.64±11.84	15.16±11.93

Values are presented as mean±standard deviation.

SPPB, Short Physical Performance Battery.